

Newsletter

Summer/Autumn 2020

Welcome to the COBIS Summer Newsletter. This edition will summarise the work that COBIS has undertaken or been involved in during Summer/Autumn 2020.

Care of Burns in Scotland National Managed Clinical Network

Welcome to the COBIS Summer Newsletter

I had hoped to begin the role as Lead Clinician for COBIS during a lull in the challenges we face with Covid-19, but circumstances have thwarted that! It certainly adds to the hurdles we face in providing burns care in Scotland, however, from our experiences over the last 6 months I have found that, if anything, the pandemic has brought the network closer together and cemented stronger links between the four Plastic Surgery and Burns units around the country. I believe a large amount of this is down to the leadership of my predecessor in the role of Lead Clinician, Mr Stuart Watson. I would like to express both my personal thanks as well as those of the network to him for all of his many contributions to burns care and burns education. I hope I am able to fill the considerable gap left by his absence.

Scotland. This aims to protect burns care in each of the existing four units while allowing the most complex cases to be managed in Glasgow where there are the facilities to support this. Alongside this work, I intend to support and continue the excellent educational work by COBIS to ensure skills and burns knowledge is maintained where it is most needed. The first aspect of this is the upcoming educational day on the 18th of November that I am hugely looking forward too and I hope as many of you as possible are able to join us for this event.

David McGill



It is an exciting time in many ways to take on the lead clinician role. We have a recently established National Burns MDT meeting to discuss cases around Scotland, facilitating best care for patients in each of the four units through collaboration. In addition, we are currently resubmitting the bid for Glasgow to become the national burns centre for

Get involved

Further details can be
found on the COBIS website:
www.cobis.scot.nhs.uk

Email us: nss.cobis@nhs.scot

Or phone us on:
0131 275 7612



Dan's Fund For Burns is a registered UK adult burns charity, established to provide direct financial and emotional assistance to support burn survivors across the United Kingdom including Scotland. The charity gives individual financial grants to help burn survivors rebuild their lives post burn injury, donates medical equipment to hospital burn services, as well as funds additional training for NHS Burns staff and services. The charity has funded weekend aways for young adult and adult burn survivors providing an opportunity for burn survivors across the UK, to come together for a weekend of fun to meet, connect and support each other. The charity offers over the phone assistance and a weekly online live chat to support and guide burn survivors post discharge from hospital. More information about Dan's Fund for Burns can be found at:

www.dansfundforburns.org.

The Adult Burn Support UK website is part of an ongoing Adult Burn Support UK Project funded by **Dan's Fund for Burns**. The website launched in 2017 as an information hub signposting users to what help is available for the aftercare and support of adult burn survivors in the UK, www.adultburnsupportuk.org.

A year later, the Wednesday night moderated weekly online burn support chat was set up. Each week the chat is moderated by a burn survivor and has become a vital safe space for burn survivors to come together to connect, share experiences, ask questions and support each other; it has been found to be particularly useful during recent times. The Live Chat is available to anyone (16yrs+) affected by burns. To find out more, please visit: www.adultburnsupportuk.org/live-chat/.

Weekly Remote Meeting for Patient Consultation

With the new ways of working that brought to the fore with the COVID-19 pandemic, this also brought new opportunities.

One of those opportunities was the Weekly Remote Meeting for Patient Consultation. This was an opportunity to bring together Consultants, Doctors, Nurses and Trainees to discuss patient cases and the way treatments had been carried out during the COVID period.

The sharing of experiences was a first for many of the staff from across Scotland to learn how other areas were treating their burns patients.

It is anticipated that there will be the opportunity for different areas to present on their current patients if they wish to do so.

The sessions have brought a lot of good feeling and have left staff feeling more engaged and energised after what has been a difficult six months.



COBIS Annual Education Event

The inaugural COBIS Annual Education Event is taking place on Wednesday 18th November with a full programme that will take place via Microsoft Teams.

Registrations are invited to be completed via Lime-Survey. The survey can be found [here](#)

The day programme will feature the topics below:

Surgical Management of the Critically-ill Burns Patient

Skin Cover, Topical Antiseptics and Dressings for Critically-ill Burn Patients

Nexobrid (Pain Management, Nursing Experience and Experience from a UK Burn Centre)

Application of Patient-Reported Outcome/ Experience Measures to Burn Care

Implementation of Guidelines for Children's Burn Care in Aberdeen

Experience of Burn Care during COVID-19

+
Case Reports

+
Burn Reconstruction Lecture by Jorge Leon-Villapalos

A full programme will be released with the Microsoft Teams invite.

Education

During the course of the summer the COBIS Network re-established the Education Group. This will be led by Mr Hilal Bahia as chair and the group are looking forward to establishing new pieces of work going forward. One of the first things that was decided was that the Education Group would be responsible for any future guidelines reviews. The group will consist of the following members:

- Mr Hilal Bahia
- Mrs Valerie McIntosh
- Dr Kaz Rahman
- Mr Alan Curnier
- Ms Kirsty Munro
- Ms Fiona Hogg
- Mrs Sharon Ramsay
- Mr Stuart Watson

Over the summer there were a number of courses that were made available on the COBIS website. The courses are outlined below:

CONTINULUS—Managing Burns Training Course:

The above course has been developed by COBIS in collaboration with Continulus is now available to all COBIS members for free, using the access code

COBIS-free

The creator of the course, Eoughan Colgan (Emergency Physician and Founder of Continulus) has kindly provided us with a video guide on how to access the module. This can be viewed via the following link - <https://youtu.be/1ux3qyVXLZU>

Who's it for?

All doctors, nurses, and paramedics who look after acute burns (ED, ENP, Rural GP, etc) and will take five hours.

Further information on the course can be found [here](#)

Summer 2020 E-Burns Lectures:

The summer series of e-Lectures were created by a number of clinicians in the Burns Management specialty.

These e-Lectures cover:

Fluid Management
Hypermetabolism
Inhalational Injury
Pain and Sedation
Temperature Management

Further information on the lectures can be found

CAS User Guide

Gavin Hallford has made available a User Guide for the CAS system to assist users that are not that confident using the CAS system. Hopefully this comprehensive guide will give a step-to-step walk through to enable users to enter data.

The guide can be found [here](#)

If your team would like further information or training on using the Clinical Audit System (CAS) or the dashboard please -

Email NSS.imsrequests@nhs.scot
CAS link <https://endocrine-cas.mcn.nisq.scot.nhs.uk>
Dashboard link <https://eviz.nhsnss.scot.nhs.uk>



Contribute to our newsletter

Is there anything you would like to have included in the newsletter? Whether it is a staff vacancy, a team achievement or anything else you feel might be of interest to the burns community in Scotland we are interested to hear about it.

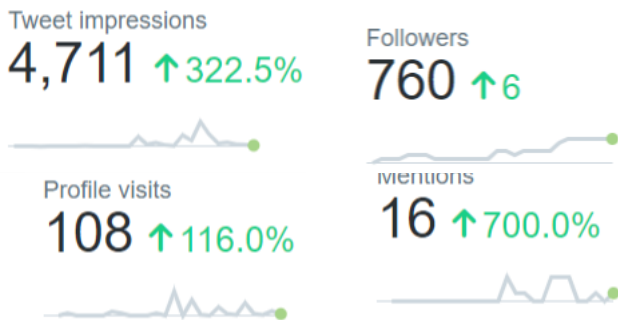
Fireworks Campaign

Fireworks season can be a very stressful time for many people and animals across the country. CO-BIS have been part of a multi-agency approach in supporting the public to be safe, be kind and be smart around fireworks and provide a clear message to everyone in Scotland #FireworkSafety.

The Campaign will run from the **28th October through to the 9th of November**. Please help us to promote #FireworkSafety and encourage them to visit: scottishspca.org/firework-safety

Further resources and information about the campaign can be found below. **BeSafe. BeKind. BeSmart**

We have been promoting on Twitter over the recent weeks for the new Firework Safety campaign. Over the course of the past 28 days we have received the following:



Full details of the Firework Safety Campaign can be found on the new dedicated Fireworks Safety page on the COBIS website. The page can be found [here](#)

There is also a report available online that has been completed by Dr Eleanor Robertson and her colleagues. "Evaluation of firework-related harm in Scotland - October 2020" full document can be found on the website [here](#). The page also offers a summary of the article.

Scottish Burned Children's Club Quality Improvement Project



Firstly, we would like to start by saying that Mr Mark Stevenson has stepped down as chair from the Scottish Burned Children's Club as he looks to begin a new life in France. We would like to welcome Ms Claire Gardiner to the position of chair. Claire cur-

rently works as a Senior Staff Nurse in Paediatric Tissue Viability for Greater Glasgow & Clyde.

As part of the SBCC QI Project enquiries have been made to translate several patient leaflets into Polish, Romanian, Slovak, Punjabi, Urdu, Gujarati, Mandarin, Cantonese, Arabic and Farsi. As we currently have the financial resources due to the COVID Pandemic the Steering Group believed that it would be worthwhile use of funds. This will enable the Club to be accessed by a wider demographic.

We would like to welcome Ms Judith Montgomery (Specialist Physiotherapist, Orthopaedics, Burns & Plastics, NHS Lothian) has agreed to join the programme and will work on the number of referrals to the Scottish Burned Children's Club from the Lothian area.

Opportunity

Paediatric Burns Forum 2020

The above session will be held on Friday 4th December by the European Club for Paediatric Burns. The session will run from 14:00—17:00

Short presentations on interesting topics related to paediatric burn care. The session lasts 3 hours with time for discussion. There will be a fee of £5 for those that wish to attend.

Farewells

Over the course of the summer, COBIS Network has said farewell to several members of the group through retirement or other circumstances.

Mr Stuart Watson stepped down as Lead Clinician. We would like to thank him for all the work that he has done on the Network. His work ethic and commitment have been second to none. Stuart will continue to attend a number of sub-groups.

Dr Julie Freeman and **Dr Charlotte Gilhooly** both retired from the profession and we wish them all the best in their retirement.

Mr Mark Stevenson of the Scottish Burned Children's Club stepped down as chair as he moved to France. He will still be involved with the SBCC and will attend Network meetings where he can.

The Network would like to thank them all for the contribution that they have made over the years. We would like to thank all of you that are still part of the Network for your time and commitment through what has been the most unusual of years.

